

**YES**

**I WANT MORE INFORMATION**

Please contact me regarding the National Safety Council courses below.

NOTE: These courses are tailored to your needs and taught at your location.

- ☐ First Aid and CPR
  - ☐ First Aid only
  - ☐ CPR Only
  - ☐ Adult only CPR
  - ☐ Infant and Child CPR
- ☐ Professional Rescuer CPR
- ☐ Blood Borne Pathogens
- ☐ Other \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Company

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Address

\_\_\_\_\_  
E-Mail

Mail To:

**Digby Systems, Inc.  
108 Foxford Lane  
Mullica Hill, NJ 08062**

E-Mail: [ems@digbysystems.com](mailto:ems@digbysystems.com)

Phone: 856-478-2266  
856-478-2271

Digby Systems, Inc.  
108 Foxford Lane  
Mullica Hill, NJ 08062

**DIGBY  
SYSTEMS, Inc.**

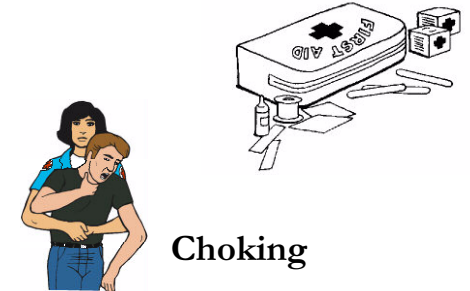
**Your Source for Personalized  
Safety Training**

***Safety Solutions Now!!***

**CPR**



**Emergency First Aid**



**Choking**

**Blood Borne  
Pathogens**



**The time to learn  
Is BEFORE the Emergency**

## **OSHA - 29 CFR 1910.151**

### **Medical Services and First Aid**

All industries are required to comply with OSHA 1910.151 regardless of the work performed or number of employees.

Under this regulation, a workplace must be able to provide emergency care to employees within 4 minutes for possibly life-threatening or disabling injuries or within 15 minutes for less severe injuries. This care may be provided by trained on-site employees or outside professionals (911 dispatch).

The employer's First Aid training program must correspond to the hazards that can be reasonably expected to occur in his work place.

Basic adult CPR refresher training should occur every year and First Aid skills should be reviewed every three years.

### **First Aid Facts**

Injuries cost businesses millions of dollars every year. Prompt, appropriate medical care can lessen the severity of an injury and shorten return to work time.

Most emergencies - accidents, injuries and illnesses - occur more than 4 minutes away from "outside professionals".

The American Heart Association estimates that over 1,000,000 people will suffer a coronary attack this year.

Defibrillation (AED) is the single most effective response to cardiac arrest.

If CPR is not started within the first 4 to 6 minutes of a cardiac arrest, the chance of survival is less than 20%.

### **ARE YOU PREPARED?**

## **Digby Systems, Inc. Can Help**

**We offer hands-on training for clubs, businesses, individuals, community service campaigns and more. We will also work with your personnel to enhance your current safety-training program.**

### **Available training includes:**

- **Good Samaritan: A basic 2-hour introduction to First Aid and how to respond to an emergency.**
- **Standard First Aid and CPR: An OSHA compliant course suitable for employees and the general community.**
- **Infant and Child First Aid and CPR: Training in emergency care, injury prevention, and CPR for infants and children.**
- **CPR Only: Adult; Child; Infant.**
- **First Aid Only.**
- **Professional Rescuer CPR: A "certification" course for health care providers, first response individuals, police, and athletic trainers.**
- **Bloodborne Pathogens Training: For employees and others with infectious material exposure.**
- **Public Access AED (Automated External Defibrillation) training.**
- **Periodic re-training in CPR and First Aid.**

**Student manuals or handouts are provided for all courses.**

## **Your Primary Instructor**

Bob Diaz, an EMT-D, has been involved with the EMS community for over 10 years. As a member and Captain of a volunteer ambulance squad, he has experienced many of the emergency situations you may face. His experience as a Manager and as a Project Management Professional in a major NJ corporation has given him insights into the need for motivational, timely, and cost-effective training.

Call today. Bob will be happy to meet with you to discuss your needs and what we can do to help.

### **Digby Systems, Inc.**

Digby Systems is a Training Agency for the National Safety Council and a Member of the NJ Chapter. We provide National Safety Council and American Heart Association training that can be tailored to your needs - both in content and in time.

Whether you are a business needing trained employees, a club offering a community service or an individual looking for a way to protect your family, **First Aid and CPR training is never a waste of time or money.**

## **Learn it for LIFE.**

**Call: 856-478-2266  
856-478-2271**

**Bob Diaz  
Digby Systems, Inc.  
108 Foxford Lane  
Mullica Hill, NJ 08062  
E-mail [ems@digbysystems.com](mailto:ems@digbysystems.com)**